



PROSPECTBUSINESS
ASSOCIATION

Medical, Health, Dental, Wellness, and Fitness Members

Achieve Fitness

Jen Toomey; 203-802-2089

www.AchieveFitnessTraining.com

- Private one-on-one, partner, group training.
- Nutrition counseling; specializing in weight loss, strength & conditioning.

Attiva Wellness

Brooke Dragon; 475-321-3454

www.LiveAttiva.com

- Mental Health Counseling & Therapy
- Holistic Health & Wellness Coaching
- Medical Aesthetic Spa Services
- Physical Therapy

Bianchini Physical Therapy

John Bianchini; 203-758-5040

- Orthopedic PT Specializing in Evaluation and Treatment of the Spine
- Sports Medicine, Geriatrics

Capozzi Dental Group

Dr Ken Capozzi; 203-403-6173

www.CapozziDentalGroup.com

- Preventative Dentistry, Restorative Dentistry, Dental Implants, Periodontics, Invisalign Learning Center

Cross Pointe Nutrition

Kristina Holle; 475-235-4023

Instagram: @CrossPointeNutrition

- Protein Shakes, Boosted Teas & Coffee, Energy Bars

Chesprocott Health District

Maura Esposito, Health Director;

203-272-2761, www.chesprocott.org

We are your Public Health Department, and we strive to improve health outcomes in your community by promoting healthcare and support services through outreach, awareness, and linkage to care & support through many of our programs and educational outreach. "Health is a state of physical, mental and social well-being and not merely the absence of disease and infirmity".

Hartford Healthcare Medical Group

Sandra Gifford; 203-527-9444

www.hartfordhealthcaremedicalgroup.com

- Healthcare & Wellness for the Entire Family
- Nutrition - Healthy Eating for children and older adults
- Healthy lifestyle support for healthy aging

Lasting Smiles of Prospect Dentistry

Dr. Efrain Socarras; 203-527-3855

www.LastingSmilesPT.com

- General and Cosmetic Dentistry
- Stress Dentistry
- Dental Implants
- Oral Surgery

New Insight Family Eyecare

Dr. Fabian Villacis; 203-758-4447

www.newinsighteyecare.com

- Eyecare for the entire family, Eye Exams, Contact Lenses, Cataract Treatment, Macular Degeneration, Dry Eye Treatment, Retinal Imaging.



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Prospect Martial Arts

Eric Levesque; 203-441-5358

www.ProspectMA.com

- Preschool, Kids & Teen Classes
- Adult sessions
- Birthday Parties

Reign Forces Cheerleading

Chelsea Maza; 973-997-1586

www.ReignForces.com

- Clinics, Classes, Teams
- Jumps, Stunts, Tumbling, Motion & Dance

The Performance Lab Physical Therapy

Rebecca Lavaway; 203-232-5924

www.PerformanceLabCT.com/prospect-ct

- Physical therapy evaluations and treatments, cryotherapy, IV therapy, dry needling and more
- Exercise therapy and plans for weight loss, Injury prevention and sports performance enhancement for all ages
- Post-injury recovery specialists

Thoracic Park Alternative Health

Tom Patavino; 203-758-7520

www.MyThoracicPark.com

- Sinus conditions, Allergies, Infertility, Autoimmune Conditions,
- Sports injuries, Headaches, and all Musculoskeletal Concerns.

Vision Associates of Prospect

Dr. Lawrence Kline; 203-758-5555

www.VisionAssociatesOfProspect.com

- Eye Examinations with Medical treatment of Eye conditions.
- Family Eyecare: Providing Glasses, Contact Lenses, and Low Vision Services.
- In House Eyeglass Laboratory for Fast Service.

Wildcraft Wellness

Jackie Strang; 203-805-8051

www.WildCraftWellness.com

- Natural remedies that aid in Leading a Healthier Lifestyle
- Herbal teas, soaps, lotions

- Holistic Spa Services from head to toe – curly hair specialist, facials, massage therapy, mani/pedi services

Upcoming Member Meetings *(all meetings begin at 6:00 PM)*

Date	Venue
June 18 <i>(Annual Meeting)</i>	Señor Pancho's 280 Cheshire Road, Prospect
September 24	The Kitchen 44 Waterbury Road, Prospect
December 10	Jesse Camille's Restaurant 615 N. Church Street, Naugatuck